

Hair Rituals

Haircut/Style	Starting at \$50
Shampoo/Blow dry/Style	Starting at \$30
Long Hair	Starting at \$45
Up-do/Styling	Starting at \$75
Thermal Styling	Starting at \$65
Event Up-do (See Bridal/Events Menu)	Starting at \$90
Scalp Therapy with Blow Dry	Starting at \$50

Hand & Foot Rituals

Hand	
Manicure	\$25
Caribbean Therapy™ Manicure	\$40
A special blend of moisturizing oils and warm island aromas creates a milky oasis—nurturing and revitalizing stressed skin and senses and conditions cuticles.	
Polish Change	\$15
Foot	
Pedicure	\$60

Caribbean Therapy™ Pedicure \$80

A special blend of moisturizing oils and warm island aromas creates a milky oasis that blooms in your pedi bath—nurturing and revitalizing stressed skin and senses.

Mini Pedicure \$40

An express pedicure including a polish change

Hand & Foot Ritual Enhancements

French Polish Additional \$5

Hair Removal

Brow shaping	\$25
Lower Arm	\$40
Brow tidy	\$15
Bikini	\$40
Extended Bikini	\$55
Lip	\$15
Chin	\$15
Full arm	\$50
Under Arm	\$30
Full Leg	\$80
Lower Leg	\$40
Upper Leg	\$40

Gentlemen

Men's cut	\$30
Men's Manicure	\$22
Athletic Pedicure	\$65

Men's Hair Removal

Chest	\$40
Back & Shoulder	\$60
Brow	\$20

Skin Rituals

We are committed to enhancing the natural look and feel of your skin. All our facials include a consultation and skin analysis to identify your skin type and proper treatment. All of our skin rituals are performed with all natural Aveda products

Facials	
Mini Facial	\$55
Signature Facial	\$100

A treatment masque and massage are just the beginning of this total enhancement facial. It is customized to your skin's specific needs—that will include cleansing, hydrating and balancing with nurturing aromas and soothing oils.

Botanical Skin Resurfacing Facial \$125

This 60 minute facial treatment is Aveda's alternative to microdermabrasion. We combine the power of tourmaline with a hands-on approach that results in skin that is proven to have smoother texture, fewer fine lines and wrinkles, decreased pore size, significantly more radiance—and all without irritation and inflammation.

Green Science™ Anti Aging Treatment \$130

Combines plant nutrients and botanicals to provide a more visible life, reduced appearance of lines and wrinkles, and improved visible firmness. Incorporates skin-rejuvenating massage with professional-only Green Science™ Masque-Age.

Outer Peace™ Acne Relief Facial \$115

Mindful techniques that take hyper-responsive skin to a state of balance. Integrates a modern understanding of sensitive skin with unique botanical formulations for gentle, yet effective, care.

Back Facial \$70

The hard-to-reach area of your back is tended to during this deep-cleansing masque and massage. Shoulders, neck and back are purified and refined to ensure well cared-for skin all over.

Perfecting Plant Peel™ As a Treatment \$35 \$75

Our facial masque actively smooths and retextures skin with the instant exfoliation and radiance benefits of a 30% glycolic peel without the associated redness and irritation.

Make Up

Make Up Application	Starting at \$50
Bridal Make-up (See Bridal Menu)	Starting at \$75
False Eyelash Application	\$20

Our Makeup Artist and Stylists are on site but are available on location for special events and bridal parties. Off-site rates determined on an individual basis. Ask our artists for details.

Body Rituals

Our goal is to offer high quality treatments to relieve your stress and balance your mind and body. All of our body rituals are performed with all natural Aveda products.

Mini Massage (30 mins)	\$55
------------------------	------

Personalized Massage (60 mins) \$90

Our signature massage can incorporate the following techniques: Swedish, deep tissue, trigger points, pressure points, and sports to meet your customized relaxation needs.

Four Hands Massage (60 mins) \$180

Two massage therapists working in synchronized rhythm bringing you to a deep level of relaxation from head to toe, in this ultimate massage experience.

Hot Stone Massage \$100

Warm, smooth stones are used to heat and massage muscles to create a deep relaxing experience.

Pre-Natal or Post Natal Massage (60 mins) \$90

This massage is beneficial throughout the childbearing year because it aids in relief of lower back discomfort, supports ligament changes, eases water retention, improves circulation and helps speed the healing process. Body pillows are used for support.

Caribbean Therapy™ Body Treatment (90 mins) \$150

A rejuvenating and nurturing body treatment that uses the healing touch and ingredients of the Caribbean to create inner calm and renew body and senses. Treatment begins with a dry exfoliation followed by a smoothing, detoxifying seaweed masque and wrap. A restorative scalp, and face massage completes this island-inspired experience.

Aqua Polish (Salt Glow) Treatment (60min) \$70

Utilizing Aveda products, this spa experience combines an exfoliation with a moisturizing massage to leave your skin feeling soft and smooth.

Rosemary Mint Awakening Body Wrap (60 min) \$75

Renew body and mind with this stimulating and cooling dry body wrap. The treatment begins with an exfoliation and a moisturizing massage with Aveda Rosemary Mint Body Lotion. After the body is wrapped, the essences of rosemary and peppermint will awaken your senses.

Chakra™ Balancing Massage \$100

This treatment features the Aveda Chakra™ Balancing Blends with deep tissue massage on the back and spinal muscles, chakra reflexology massage for the feet, and energy work for each of the chakras.

Spa de Mar Signature Spa Packages

A Day at the Beach Package (2.5 hrs) \$250

Indulge in all three of our Caribbean Therapy™ Treatments. Let the ingredients of the Caribbean create inner calm and renew body and senses. Begin your indulgence with a Caribbean Therapy™ Manicure and Pedicure followed by a Caribbean Therapy™ Full Body Treatment that begins with a dry exfoliation followed by a smoothing, detoxifying seaweed masque and wrap. A restorative scalp, and face massage completes this island-inspired experience.

Relax and Renew Package (1.5 hrs) \$130

Treat your face with our Signature Facial followed by a personalized make-up application by our Make-up Artist

Ocean Bliss Package (2.5 hrs) \$230

Pamper your entire being with our Signature Facial followed by our relaxing Caribbean Therapy™ Body Treatment.

Special Occasion Package (1.5 hrs) starting at \$100

This is the perfect package if you have a special occasion. Allow us to professionally apply your makeup and style your hair to impress. You will not only look gorgeous but we will also prepare your look to last all day or night. This package includes thermal hair styling as well as makeup application.

** Wedding/ Bridal Services— Please see our Bridal Menu*

Our Mission

"Where beauty is pure and enhancing it is our expertise..."

Here at Spa de Mar, we rise above traditional standards of indulgence to guide our clients through a renewing journey of beauty discovery.

Our Experts are here to help our clients see the natural beauty that exists within us all, and to serve as artists in creating a look that enhances this natural beauty.

We are driven to craft the total look for you utilizing Aveda's collection of rituals and products to renew & restore you, whatever your lifestyle.

We, like Aveda, believe that authentic beauty is one that works in harmony with our surrounding environment.



Spa de Mar

Hours

Monday – Tuesday ... By Appointment Only
Wednesday – Friday ... 10:00 am – 6:00 pm
Saturday ... 9:00 am – 6:00 pm
Sunday ... 10:00 am – 4:00 pm

Cancellation Policy

We also appreciate 24-hour notice of cancellations and credit card deposits may be taken for group bookings or longer appointments.

Spa Amenities and Etiquette

To enhance relaxation, please arrive 15 minutes prior to your spa reservation. Our spa guests will be provided with robes, slippers and towels. Our guests are also welcome to use the Atlantis Health Club's amenities at no extra cost including the pool and sauna – please ask our reception desk for details. Regrettably, we cannot be responsible for the loss or damage of personal articles.

In consideration of all our guests, cell phones are discouraged in the spa

Gratuities

Our stylists and spa personnel graciously accept gratuities. If you wish to show appreciation for a service enjoyed, gratuity envelopes are available at the reception desk when you check out. The industry average ranges from 18% – 20% of the service fee, but are of course, at the discretion of our guests. Due to processing charges, it would be appreciated if gratuities were not paid via credit card.

Sales tax not included in prices. Prices subject to change without notice

Spa de Mar is an Aveda Concept Salon

AVEDA

the art and science of pure flower and plant essences

Spa de Mar

Enhancing Pure Beauty